

# NEWTON VILLAGE NEWSLETTER

DECEMBER 2020

FREE Published independently

## NOTICES



**The Saracens Head, Newton Green**

5h · 🌐



### CUSTOMER ANNOUNCEMENT

Following the recent government announcement and new restrictions, it is with a heavy heart that we have taken the decision to remain closed throughout December. We apologise for any inconvenience this may cause.

Thank you all for the support we have received over this challenging year! We hope to welcome you all back in January.

We would also like to wish all our customers old & new a very Merry Christmas and a Happy and Healthy New Year!!



### **All Saints Church Newton December 2020**

Churchwarden:	Paul Presland
Flowers	PCC
Cleaning:	PCC

We are looking for volunteers to help put up the Christmas decorations on December [5th @10.00am](#).

## Crib Service on Christmas Eve.3pm

Due to Covid restrictions, numbers for this service will be restricted to 30. Please contact the Benefice Administrator Colleen Pearce to book a place.  
[boxriverbenefice@gmail.com](mailto:boxriverbenefice@gmail.com)

Unfortunately Carols around the Green has had to be postponed because of Covid restrictions.

The church will be open for private prayer at the following times:

SUNDAY	10.00 – 1.00
WEDNESDAY	1pm – 4.00

Stay safe  
Sue Presland

## ZOOM JOINING INSTRUCTIONS

If you are unsure how to join, please read the information on this weblink  
<https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-meeting>

**Link to join meeting** - this is published on notice boards around Newton,  
also on the following link on our website.

<http://newton.onesuffolk.net/home/parish-council/agendas-and-associated-papers>

Email the Clerk: Dave Crimmin on [newtonpc2@gmail.com](mailto:newtonpc2@gmail.com) for any further information

## NEXT PARISH COUNCIL MEETING IS:

**9th December 2020 @ 7:30 PM**

**Local information is also updated on our Facebook Group - please join if you haven't already?**

<https://www.facebook.com/groups/NewtonVillageNewsletter/>

### Your Parish Councillors are:

<b>Chairman:</b>	Paul Presland	Email <a href="mailto:p.presland@btinternet.com">p.presland@btinternet.com</a>
<b>Vice Chairman:</b>	Sue Vince	Email <a href="mailto:sue@suevince.co.uk">sue@suevince.co.uk</a>
	Russell Bower	Email <a href="mailto:russlfc@hotmail.com">russlfc@hotmail.com</a>
	Rita Schwenk	Email <a href="mailto:schwenk@btopenworld.com">schwenk@btopenworld.com</a>
	Laura Smith	Email <a href="mailto:lsmith68@yahoo.co.uk">lsmith68@yahoo.co.uk</a>
	Philip Taylor	Email <a href="mailto:philiptaylor433@gmail.com">philiptaylor433@gmail.com</a>

<b>District Councillor:</b>	Lee Parker	Email <a href="mailto:lee.parker@babergh.gov.uk">lee.parker@babergh.gov.uk</a>
<b>County Councillor:</b>	James Finch	Email <a href="mailto:james.finch@suffolk.gov.uk">james.finch@suffolk.gov.uk</a>
<b>MP:</b>	James Cartlidge	Email <a href="mailto:james.cartlidge.mp@parliament.uk">james.cartlidge.mp@parliament.uk</a>

## KEY INFORMATION

### Village Hall

The Village Hall is closed and no clubs or activities are taking place until further notice.

### All Saints Church

SERVICES HAVE RESUMED AND ALWAYS TAKE PLACE ON THE 4<sup>th</sup> SUNDAY OF EACH MONTH.  
ALL WELCOME.THE CHURCH IS OPEN FOR PRIVATE PRAYER ON EVERY SUNDAY From  
10.30am until 4pm.

### Mobile Library

Saturday's, 16:45 calling on:  
5 December

### Recycling Centres

By booking an appointment only <https://www.suffolkrecycling.org.uk/where-to-recycle/recycling-centres/suffolk-recycling-centres-booking-page>

## LOCKDOWN LUXURIES

As lockdown continues and the novelty of devising meals from out of date tins and packets in your cupboards wears off, thought a list of takeaways etc. might be useful. Some will deliver, others you need to book a time to collect.

**Painters Café in Sudbury** [www.5qr.uk/painterscafe](http://www.5qr.uk/painterscafe) do lovely cakes and afternoon teas.

**The Lion at Lamarsh** [reservations@lamarshlion.co.uk](mailto:reservations@lamarshlion.co.uk) 01787227007

Do all sorts of takeaways including fish and chips on Friday and Sunday roasts.

**Lordy's** [www.lordydesserts.co.uk](http://www.lordydesserts.co.uk)

as the name suggests lovely cakes and desserts and alcoholic milkshakes.

**White Horse Gt Waldingfield** 01787371314

**Assington Country Kitchen** [www.assingtonkitchen.com](http://www.assingtonkitchen.com)

**Shoulder of Mutton Assington** [www.shoulderofmutton.com](http://www.shoulderofmutton.com) 01787 210334

**Oh My Cod** 01787 378222

**The Codfather** 01787 882100

**Ballington Indian Restaurant** 01787 376777 or 313666

**India, North Street** 01787 881880

**Melford Valley Indian** [www.melfordvalley.com](http://www.melfordvalley.com) 01787 311518

**Alaz Turkish Restaurant** [www.alazrestaurant.co.uk](http://www.alazrestaurant.co.uk) 01787 370001

**Coxes Boxes** [www.coxboxes.com](http://www.coxboxes.com)

Contributions for the next Newsletter

by 21<sup>st</sup> December please to the Editor:

Sue Vince, 1 Butchers Cottage, Newton CO10 0QE

Telephone: 01787 377664 email: [newtonvillagenewsletter@gmail.com](mailto:newtonvillagenewsletter@gmail.com)



Mike Tuck  
Clinical Specialist Physiotherapist  
07508 986504

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[info@mtphysioclinic.co.uk](mailto:info@mtphysioclinic.co.uk)



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## ST NICHOLAS HOSPICE - Fund Raising

A 'big' thank you to all who donated to St Nicholas Hospice, we raised £300!

Received from St Nicholas Hospice Care:

*"It is so kind of you to think of the Hospice during this very difficult time and I'd be ever so grateful if you could pass on our many thanks to everyone who contributed to such an amazing amount."* George.

**Many thanks**  
**Carole Langley**

## **NEWTON GREEN FIRESIDE CLUB QUIZ**

### **DECEMBER**

1. What DEC is a state of moral or cultural deterioration?
2. What DEC is to depart or abandon suddenly?
3. What DEC is to transfer a liquid from one container to another?
4. What DEC is to mislead or conceal the truth?
5. What DEC is the correct standard of behaviour?
6. What DEC is a unit of sound intensity?
7. What DEC is to destroy a large part of something?
8. What DEC is a formal statement or announcement?
9. What DEC is to make no longer secret?
10. What DEC is to lose strength or vigour?
11. What DEC is to make intelligible?
12. What DEC is something that relieves a blocked nose?
13. What DEC is the furnishing or ambience of a room?
14. What DEC is to provide with adornment?
15. What DEC is something that reflects good taste?
16. What DEC is polite behaviour?
17. What DEC is a lure?
18. What DEC is an official order?
19. What DEC is worn out by age?
20. What DEC is to disparage or belittle?

### **MARGARET LOWE**

Margaret Lowe of Church Road died in August of this year. She was a stalwart supporter of Newton church, and her husband, Peter, was headmaster of Boxford school, and played the organ. They had 3 children, and many beloved grandchildren. Margaret loved gardening, and held an annual "sweetcorn lunch" for neighbours with the produce from her garden, except for one year when her garden was stripped by badgers! She was a lovely, intelligent and sociable lady, and despite years of ill-health she was always cheerful and interested in everyone's news.

### **NANCY HARRIES**

Nancy Harris lived in Rectory Road, before moving to Weavers Court, Sudbury 3 years ago. She was an Irish lady with a hilarious sense of fun, and enjoyed taking the comical parts in village shows. This photo shows her in a W.I. sketch "If I were not upon the stage a ..... I would be", and The Golden Goose pantomime in 1993.



### **Siobhan Harris**



### **Royal British Legion Poppy Appeal - Newton.**

The Poppy Appeal in Newton raised £271.49.

Thank you.

**Russell Bower**

**DRAFT      NEWTON PARISH COUNCIL**

Minutes of meeting held on 11<sup>th</sup> November 2020 via Videoconference

**Present:** Councillors Paul Presland (Chairman), Russel Bower, Rita Schwenk and Laura Smith.

**Attending:** Lee Parker (Babergh District Council), James Finch (Suffolk County Councillor), Dave Crimmin (Clerk) and 1 resident.

**20/261      Apologies for Absence**

Cllr Taylor (no broadband) and Cllr Vince (work commitments) sent their apologies.

**20/262      Declaration of Interests and Requests for Dispensation**

No interests were declared and no requests for dispensation had been received.

**20/263      Minutes of Meeting held on 14<sup>th</sup> October 2020**

The minutes of the meeting were approved by the councillors who resolved that the minutes should be digitally signed by the Chairman as a correct record.

**20/264      Public Forum**

Lee Parker updated councillors on Babergh's support grant for businesses paying rates, the Home and Not Alone service, the forthcoming Joint Local Plan consultation, Babergh's Bio Diversity Plan, and the 6.78 years Five Year Supply of housing. Councillors reviewed James Finch's previously submitted report and he updated councillors on COVID-19, grants being provided to the support network in Suffolk, the Suffolk support and advice service, SCC's objection to the Sizwell C planning application and the undersea options being considered for the electricity generated by the offshore wind farms. Councillors agreed that the Clerk apply for James Finch's Locality Budget grant in support of the new bus shelter required by Links View.

**20/265      Emails circulated**

Following a review of the emails circulated by the Clerk since the last meeting, the councillors agreed to a policy for responding to a resident that regularly writes to NPC over issues. After an update from Lee Parker, the councillors were happy to let Babergh review an allegation regarding a business operating from a dwelling. An issue raised regarding the ownership of a hedge was considered to be outside the scope of NPC's powers and duties.

**20/266      Clerk's Report**

Following a review of the Clerk's report (Appendix A), there were no further actions requested of the Clerk.

**20/267      Finance**

- a. All cheques signed and due for signing, as itemised in the RFO Report (Appendix B), were authorised by the councillors. The councillors also authorised a payment of £40,949.04 to Tennis 2000 and a payment of £754.91 to Came & Co to increase the insurance cover to include the MUGA and Play Equipment. The councillors also noted the income received since the last meeting and reviewed the Statement of Accounts against the budget and the bank reconciliation against the bank statements.
- b. Cllr Presland is still awaiting confirmation that Cllr Bower and himself have been added to the authorised account signatories for NPC's bank accounts at Barclays. He has also requested that the correspondent for the bank accounts be changed from himself to the Clerk.

**20/268      Planning**

- a. The councillors reviewed **Planning Application DC/20/04701 Valley Farm, Valley Road -** Application under Section 73 of The Town and Country Planning Act - Variation of Condition 2

**DRAFT NEWTON PARISH COUNCIL**

Minutes of meeting held on 11<sup>th</sup> November 2020 via Videoconference

(Approved Plans and Documents) of planning permission DC/18/00101 (Conversion of timber framed barn and adjoining brick granary to dwelling house.) and noted the application.

- b. The councillors reviewed **Planning Application DC/20/04696 Valley Farm, Valley Road** - Application under Section 19 of the Planning (Listed Buildings and Conservation Areas) Act 1990 - Variation of Condition 2 (Approved Plans and Documents) of Listed Building Consent DC/18/00102 (Conversion of timber framed barn and adjoining brick granary to dwelling house) and noted the application.
- c. No further planning application had been received since the agenda was posted requiring a response before the next meeting.
- d. Hastoe has updated NPC that they have now purchased the land for the development off Alston Close and will update NPC with the start date shortly.
- e. The councillors reviewed the status of previous applications, appeals and enforcement referrals (Appendix C).

**20/269 Neighbourhood Plan**

The issues raised in the Regulation 14 consultation on Newton's draft Neighbourhood Plan have now been reviewed by the Steering Group and consultant and modifications are now being incorporated into the draft. The Steering Group are also producing a Consultation Statement and the consultant is producing a Basic Conditions Statement. Following final proof reading, it is hoped that the Final Draft NP will be completed ahead of the next NPC meeting where it can be reviewed for submission to the Regulation 16 phase of the NP process. Cllr Presland thanked the members of the Steering Group and the Clerk for their efforts in getting the Plan to this stage.

**20/270 Recreation Ground**

Cllr Presland updated councillors that the installation of the MUGA will reach the end of the first phase of installation on the 13<sup>th</sup> November 2020. There will be further painting of the tarmac surface in April 2021. The councillors agreed the wording of the sign for the MUGA which will be produced by Tennis 2000. The councillors resolved that the MUGA will not be opened for use until the installation of the Play Equipment is complete, which is planned to be the end of December 2020. The Clerk was asked to purchase two locks and chains for the MUGA gates. Ahead of the next meeting the Clerk and Cllr Presland will review:

- the Risk Assessment and Inspection checklist for the MUGA and Play Equipment
- storage of the tennis equipment
- booking system for the MUGA.

**20/271 Speed Sign**

NPC are still awaiting feedback from SCC Highways on the installation of posts for the SID which Cllr Bower will now chase.

**20/272 SCC Boundary Review**

The councillors reviewed the draft response to the SCC Boundaries consultation (Appendix D) and resolved that it be sent to the Boundary Commission.

**20/273 Assets**

With Cllr Taylor not present at the meeting, the Clerk was asked to contact him regarding the Trust's views on paying for the replacement of the commemorative oak tree marking the parish council service of John Taylor. The Village Sign will need to be fully inspected before a decision on its refurbishment is made.



**DRAFT      NEWTON PARISH COUNCIL****Minutes of meeting held on 11<sup>th</sup> November 2020 via Videoconference**

The councillors reviewed the options for the replacement of the bus shelter by Links View. They resolved that the replacement shelter should be the same design as the one opposite the Saracens Head. They also agreed that it should be placed to the left of the existing one (closer to Sudbury) with a path across the grass to the kerb on the A134. This would enable the existing shelter to be used until the new one is installed. The Clerk was asked to contact SCC for a quotation for the works.

**20/274      Car Charging Point**

The councillors resolved that an application be made to Suffolk 2020 for a car charging point to be installed in the village. Subject to confirmation from the Village Hall Management Committee (VHMC), it was hoped that an installation in the Village Hall car park would be acceptable. Cllr Schwenk will liaise with the VHMC.

**20/275      Christmas Tree**

The councillors resolved to accept Ged Fisher's kind donation of a metal Christmas tree to the village. The councillors also agreed a budget of £200 for the lights which it is hoped can be powered via the Saracens Head. The Clerk will write to thank Mr Fisher for his generous donation.

**20/276      Village Hall and Trust updates**

Cllr Schwenk updated councillors that the Village Hall is still closed. Cllr Presland updated councillors that the principle of an electrical supply for the Recreation Ground being separately and safely installed from the Village Hall had been proven by a local electrical contractor. The Clerk will now obtain a further 2 quotations in order for a solution to be agreed with the VHMC and the Trust.

**20/277      Questions to the Chair**

No issues

**20/278      Next Meeting**

The next scheduled NPC meeting will be held on Wednesday 9<sup>th</sup> December 2020, starting at 7.30pm.

**The meeting closed at 9.23 pm.**

**Appendix A      Clerk's Report**

Minute	Action	Complete ✓
20/240	Awaiting T&C's for RoSPA's post installation inspection from All Play Solutions.	
20/245	Minutes sent to Newsletter and updated on website.	✓
20/246	Applications made for SCC and BDC Locality Grants.	✓
20/249 b	Payments made to suppliers, individuals and organisations.	✓
20/250	Planning response sent to Babergh.	✓
20/249 b	Donation made to Poppy Appeal.	✓
	<b>Clerk's Delegated Power</b>	
	Nothing to report since last meeting.	
	<b>Clerk Hours</b>	
	Up until 1st November 2020 - 419.25 hours worked / 405 hours paid.	

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**DRAFT      NEWTON PARISH COUNCIL**

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**Appendix B   RFO Report**

**Receipts & Payments**

Date	Details	Cheque	Power	Receipts	Payments
07/09/20	Bank Interest	BS1		1.54	0.00
14/10/20	RBL Poppy Appeal - Donation	101256	Localism Act 2011 ss 1 to 8	0.00	100.00
07/09/20	Bank Interest	BS1		7.86	0.00

**Bank Reconciliation**

Account	Statement Date	Statement Balance	Actual Balance	Unpresented Cheques	Credits not shown	Difference
Community Premium Accounts	30/09/20	£100.00				
	30/09/20	£48,672.66	£56,975.00	£3,593.10	£11,795.44	£0.00
Tracker Account	30/09/20	£1,164.96	£1,164.96	£0.00	£0.00	£0.00
		£49,937.62	£58,139.96	£3,593.10	£11,795.44	

**Actual v's Budget**

	Budget	Actual		Reserves	Budget	Actual
Assets B/F		£52,445.88				
<b><u>Income</u></b>			<b><u>Expenditure</u></b>			
Precept	£10,258.00	£10,258.00	Clerks Salary		£11,556.40	£7,017.70
Grants	£0.00	£4,505.00	Admin		£1,900.00	£509.54
Recycling	£400.00	£760.62	Donations		£800.00	£300.00
CIL / Other	£5,000.00	£18,421.87	Annual Subscriptions		£602.00	£260.87
Bank Interest	£25.00	£26.59	Footpath Maintenance		£300.00	£0.00
VAT Repayment	£0.00	£1,419.14	Insurance		£320.00	£331.40
			Inspection		£380.00	£380.00
			Maintenance		£2,000.00	£297.29
			Projects		£1,400.00	£16,051.40
			CIL / Other	£24,448.12	£4,000.00	£0.00
			Village Hall		£165.00	£0.00
			VAT Paid		£0.00	£3,950.38
			Contingency		£500.00	£0.00
			NNP		£5,505.00	£598.56
<b>Total</b>	<b>£15,683.00</b>	<b>£35,391.22</b>	<b>Total</b>	<b>£29,953.12</b>	<b>£23,923.40</b>	<b>£29,697.14</b>
			Assets Carried Forward			£58,139.96
<b>Total</b>		<b>£87,837.10</b>	<b>Total</b>			<b>£87,837.10</b>

**DRAFT NEWTON PARISH COUNCIL**Minutes of meeting held on 11<sup>th</sup> November 2020 via Videoconference**Appendix C Planning Status**

BDC Ref	Application	NPC Ref	NPC Response	BDC Response
APP/D3505/W/20/3252989	Appeal against refusal of DC/20/00019 Woodean, Links View - Erection of 1no. dwelling and creation of vehicular access	20/209c	Now object to the original planning application.	Appeal Dismissed 02/11/2020
DC/20/03337	Site Of Former Red House Farm, Sudbury Road - Application under Section 73 of the Town and Country Planning Act - Variation of Condition 2 (Approved Plans and Documents) on planning permission DC/18/00190 (to facilitate changes to house types, interior accommodation and other minor changes).	20/232a	Support	
DC/20/03810	Perrywood Garden Centre, Newton Road - Erection of a new garden centre building (Use Class A1) including restaurant, enclosed and open canopies and outdoor sales area. Erection of a glasshouse and store. Partial demolition of and erection of an extension to the existing garden centre building (to be used for Use Classes A1 and B1). Erection of a replacement potting shed. External alterations of the existing barn. Erection of electricity sub-stations and an electricity distribution building. Provision of landscaping, car parking areas, wildlife area and outdoor events space.	20/250a	Support	
DC/20/03914	Marks Meadow, Rectory Road - Application for approval of reserved matters following outline approval DC/20/00859 (Outline Planning Application (Access to be considered all other matters reserved) - Erection of 3no. dwellings with garages and creation of new access) - Phased development details for Landscaping, Design and Scale for Plot 1 only.	20/250b	Support	
DC/20/03968	Valley Farm, Valley Road - Application for Listed Building Consent - Alteration to existing vehicular access and demolition of front wall, installation of hard surfaced driveways, patio areas and boundary treatments as detailed in the Design and Access Statement and accompanying plans.	20/250c	Support	
DC/20/04179	Hills Barn, Sudbury Road - Erection of a single-storey detached cartlodge.	20/250d	Support	
DC/20/04199	Buckledoe Cottage, Assington Road - Erection of single storey rear conservatory extension.	20/250e	Support	

**Appendix D SCC Ward Boundaries response**

"The Commission proposes to reduce the number of Councillors in Suffolk from 75 to 70. However, the predicted growth of the population means that councillors' workloads will be increasing. In that light, we feel it would have made more sense to increase or maintain the number of councillors in Suffolk rather than decreasing it.

We also have concerns over the quantity of parishes within each division and the workload that will entail. Although the make-up of rural divisions has always differed from urban ones, the difference is now even more marked as divisions have increased in size. The proposed division of Cosford, for example, holds 20 parishes. We question how a councillor can effectively do the workload pertaining to 20 different parishes, including attending 20 meetings, when a councillor in Great Cornard (for example) need only concern themselves with one.

The geographical distance between villages in some divisions is also of concern, for example in the proposed division of Clare the distance between Wixoe in the south west and Bradfield St George in the north east is 21 miles. If we return to the pre-Covid system of face-to-face meetings we pity the poor councillor who has to drive for 40 minutes between the two to attend meetings scheduled on the same evening.

In other proposed divisions the collection of parishes does not always complement each other. The proposed division of Constable is one example: villages such as Wissington in the west are not natural neighbours to villages such as Bentley and others east of the A12; they have little in common geographically or historically.

The draft recommendation for Newton is that it falls within the electoral division of Stour Valley; this is satisfactory to Newton Parish Council as it sits comfortably with other parishes within that division (Assington, Leavenheath, Bures St Mary, Great Waldingfield, Little Cornard, Acton and Chilton)."

**End of Appendices**

## **NEWTON GREEN FIRESIDE CLUB QUIZ (N) - ANSWERS**

1. What Greek winged goddess shares her name with a sports brand? **NIKE**
2. What is the largest city in Kenya? **NAIROBI**
3. In mythology what was the drink of the gods? **NECTAR**
4. What is the longest river in the world? **NILE**
5. On which city was the Atom Bomb dropped? **NAGASAKI**
6. After what scientist is a unit of force named? **NEWTON**
7. A Neapolitan is a resident of which city? **NAPLES**
8. What is the central part of a church called? **NAVE**
9. What hard aromatic seed of an Indian tree is used as a spice? **NUTMEG**
10. What is the name of the chalk pinnacles off the Isle of Wight? **NEEDLES**
11. In the book 1984, what is the name of the language being introduced?  
**NEWSPEAK**
12. What is a person who collects coins or medals called? **NUMISMATIST**
13. From what are mothballs made? **NAPHTHALENE**
14. In maths, what is the top number of a fraction called? **NUMERATOR**
15. What was the name of Captain Nemo's submarine? **NAUTILUS**
16. To where did Wendy, John and Michael travel in Peter Pan? **NEVER NEVER LAND**
17. What is the name of US Army force called in times of emergency?  
**NATIONAL GUARD**
18. According to the Bible, who was the first person to get drunk? **NOAH**
19. What is the most abundant gas in the Earth's atmosphere? **NITROGEN**
20. Where does Rupert the Bear live? **NUTWOOD**

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## **Doctors' Surgeries**

Hardwicke House 01787 370011  
Meadow Lane 01787 310000  
Siam Surgery 01787 886444  
Boxford Mill Surgery 01787 210558

West Babergh Safer Neighbourhood  
Team  
Sgt 566 Kevin Horton 01473 613500

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## **NEWTON PARISH COUNCIL**

**Paul Presland – Chairman**  
01787 379204

**Sue Crawte – Vice Chairman**  
01787 377664

**Russell Bower**  
07838 060878

**Laura Smith**  
07967 393245

**Rita Schwenk**  
01787 210838

**Philip Taylor**  
01787 211265

**Dave Crimmin – 375085**  
**Parish Clerk**

**Lee Parker - District Councillor**  
**01787 376073**

## **USEFUL VILLAGE PHONE NUMBERS**

### **PARISH CLERK**

**Dave Crimmin 375085**

### **NEWTON GREEN TRUST**

Philip Taylor 211265

### **VILLAGE NEWSLETTER**

Sue Crawte - 377664

### **CHURCH WARDEN**

**Vacancy**

### **VILLAGE HALL**

Alan Vince - 373963

### **NEIGHBOURHOOD WATCH**

Sue Presland - 379204

### **FIRESIDE CLUB**

Wendy Turner - 372677

### **NEWTON ART & CRAFT GROUP**

Carole Langley - 373548

### **SARACENS HEAD**

**379036**

Anglian Water	0845 7145145
Babergh District Council	01473 822801
Citizens Advice Bureau	01787 374671
Eastern Energy	0800 7838838
Police (Sudbury)	01284 774300
Police (Hadleigh)	01473 383430

West Suffolk Hospital	01283 713000
Sudbury Community Health Centre	01787 886300
Colchester Hospital	01206 853535
Misuse of Drugs & Alcohol	
Suffolk Helpline	0800 5870421